ERC Congress BILBAO 2014

HANDS ON SESSION: "DROWNING, WATER RESCUE AND CPR"

OBJECTIVES

- To acquire skills to manage drowning events
- To train the water rescue of a drowning victim
- To train CPR in the drowning patient

INSTRUCTORS

- José Palacios Aguilar
- Andoni Oleagordia Aguirre
- Antonio Caballero Oliver
- Roberto Barcala Furelos
- Invited instructors: Gavin Perkins, Tony Handley, Joost Bierens

PLACE

Dock at the Bilbao riverside

METHODOLOGY

Simulation of scenarios of aquatic events:

1. SCENARIO A (WATER):
   a. Aquatic event and rescue
   b. Transfer water team / ground team
2. SCENARIO B (GROUND):
   a. Ground BLS
   b. Transfer from ground team to EMS-transport team

Each simulation includes:

1. Scenario presentation: The instructor introduces the case of a drowning victim, indicating the symptoms and signs
2. Development and intervention: The instructor and participants treat the patient with the needed specific skills
3. Debriefing: The group reviews the scenario to obtain feedback from the intervention

During aquatic rescue, participants will be able to train the next skills:

- In-water breathing
- Rescue form boat
- CPR in rescue boat during transport

Number of participants: limited to 12 per session.

Participants in the aquatic part will need a wetsuit. The organization will provide wetsuits, adequate spaces for dressing-undressing and hot shower besides the rescue area. There is the option to observe the scenario from the ground and participate in the debriefing session.

The activity and participants will be covered by the global Congress insurance.

Date: Friday, 16 May

First session: 15.00 - 18.00 h

REGISTRATION: http://doodle.com/9uxzzrr7g4xy7a52

Each session is limited to 12 participants. For each session, 16 people can register. The additional 4 are back-up in case of a no-show of one of the first 12 participants.

Registration is on a first come, first served base. (in this case, first registered online is first served)

You need to present yourself 15 minutes in advance. Failing to do so will result in loosing your spot.