



# KIDS SAVE LIVES implementation in Europe: a survey through the ERC Research NET



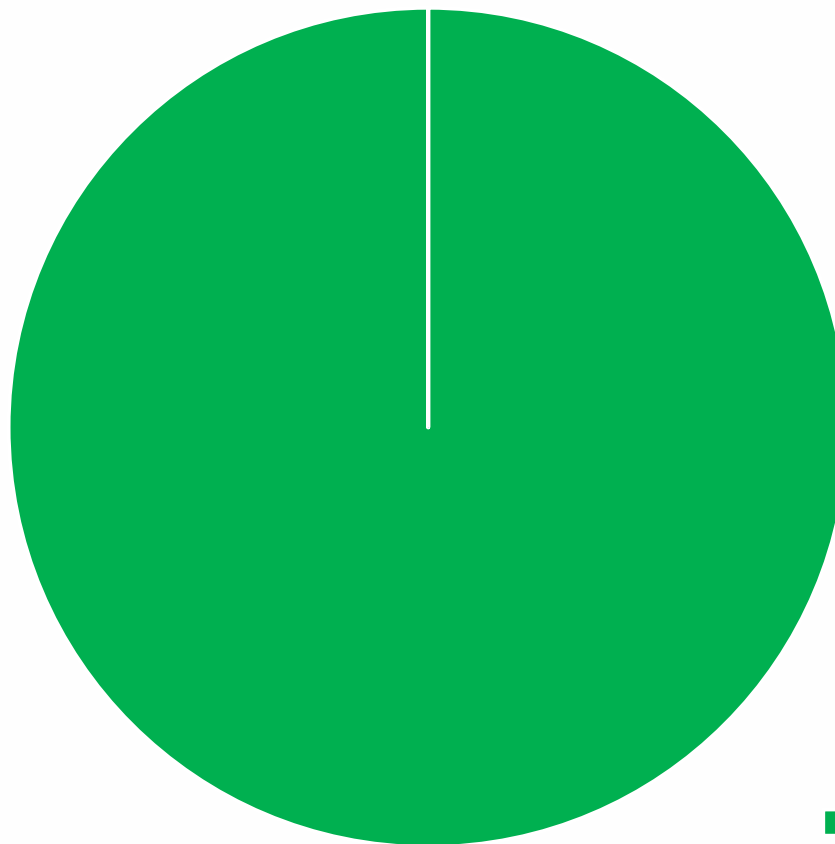
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Bernd W. Böttiger



Do you know that the World Health Organization (WHO) has endorsed the "Kids save Lives" statement that recommends annually CPR training in schoolchildren from the age of twelve ?



■ Yes ■ No

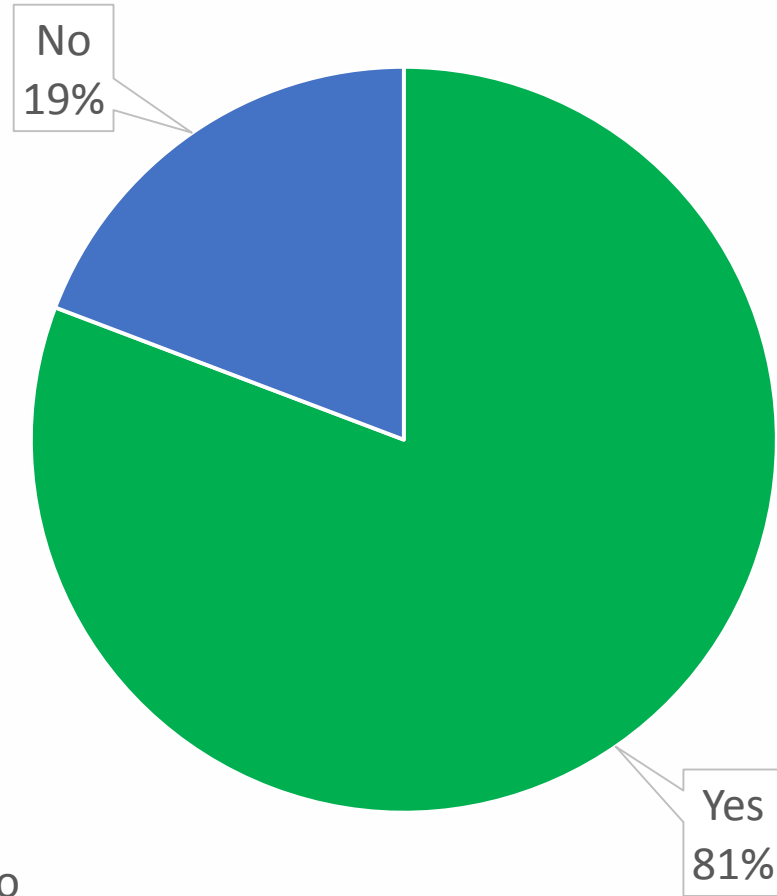


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Do you know details of the Kids Save Lives statement?



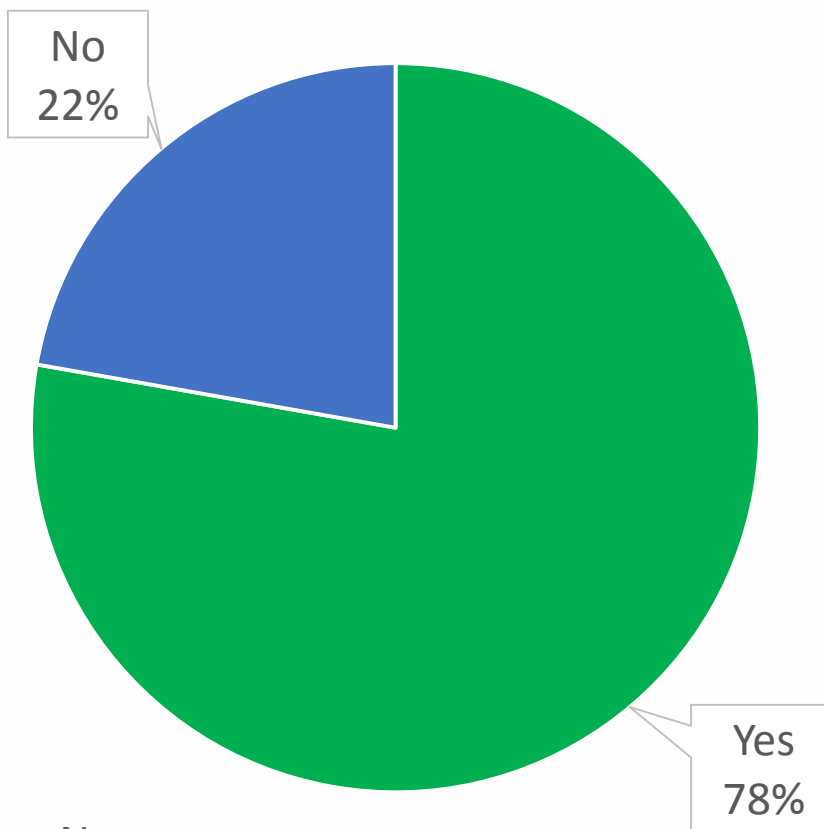
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■ Yes ■ No



Is the education of schoolchildren in CPR a recent topic in your country ?

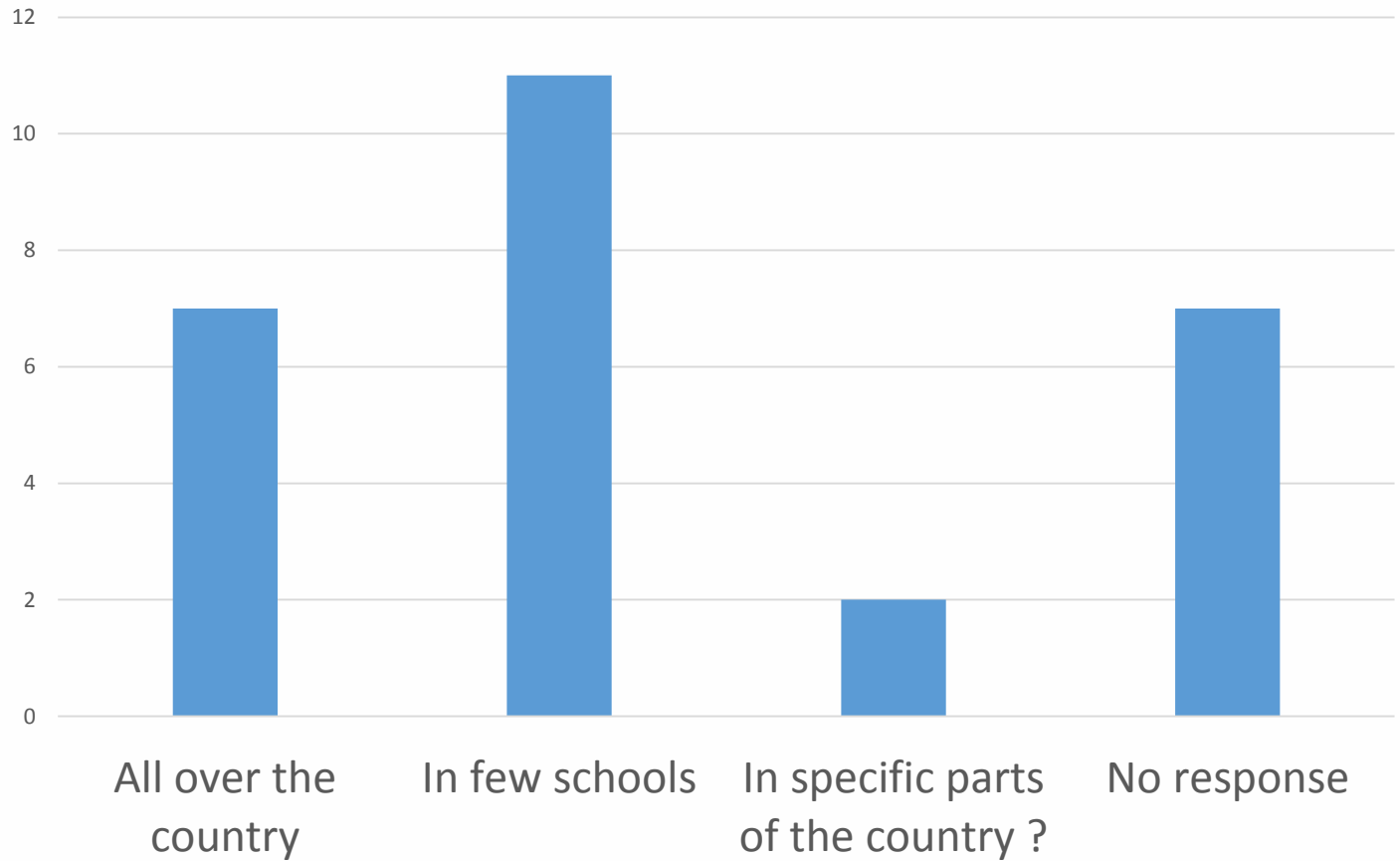


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If you respond "Yes" could you please add details to your answer:

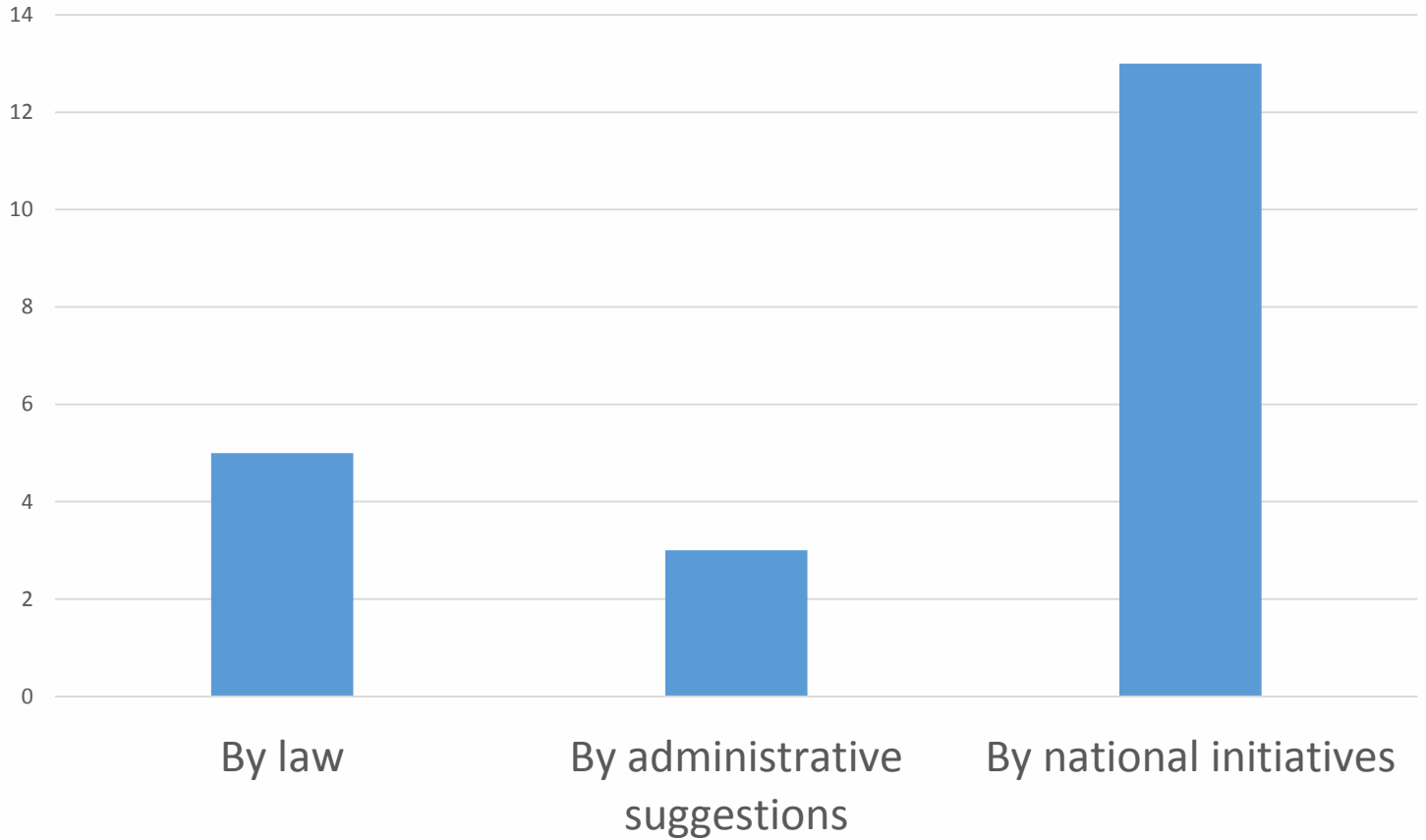


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If you respond "Yes" could you please add details to your answer:

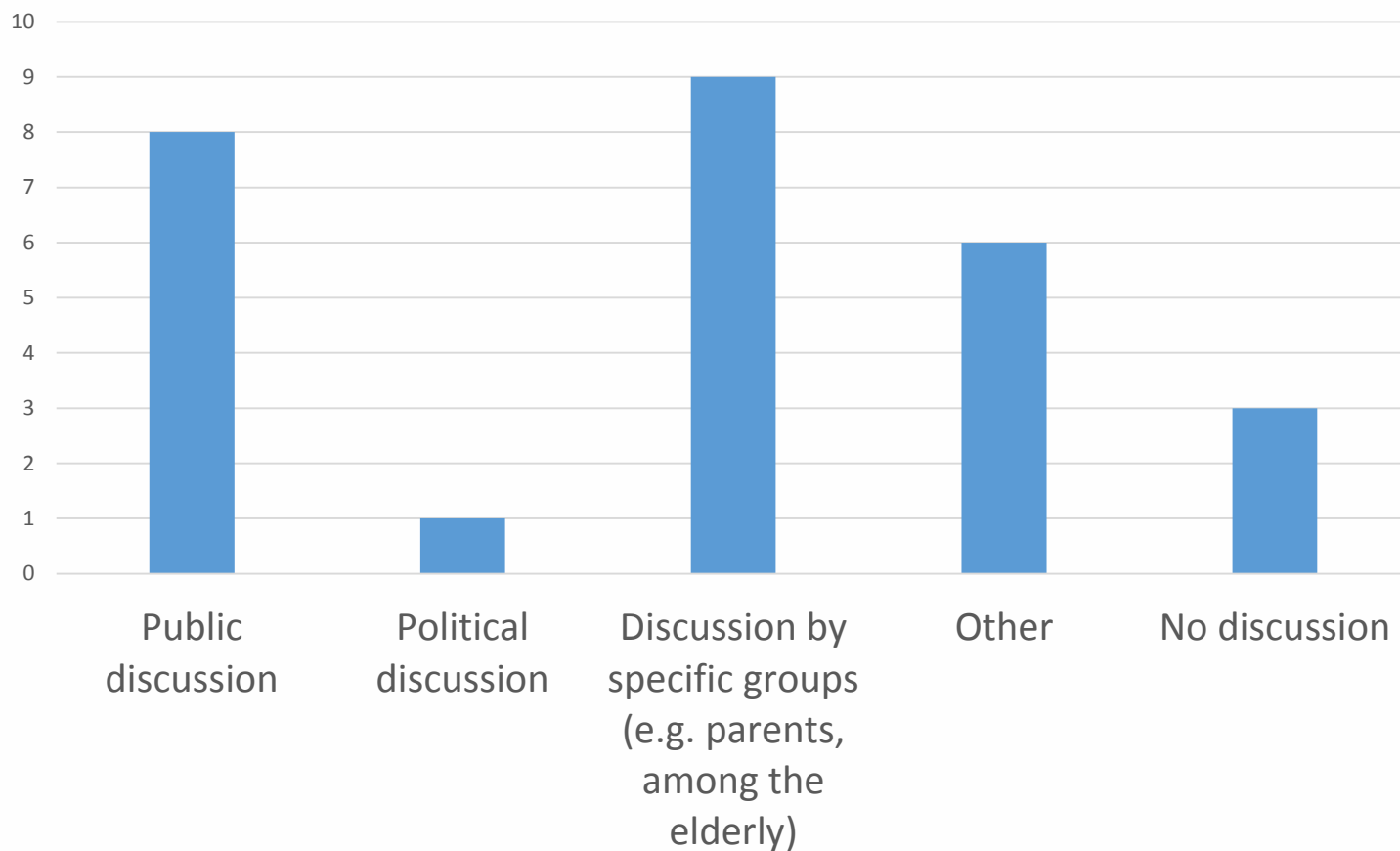


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# Is schoolchildren CPR discussed in your country ?

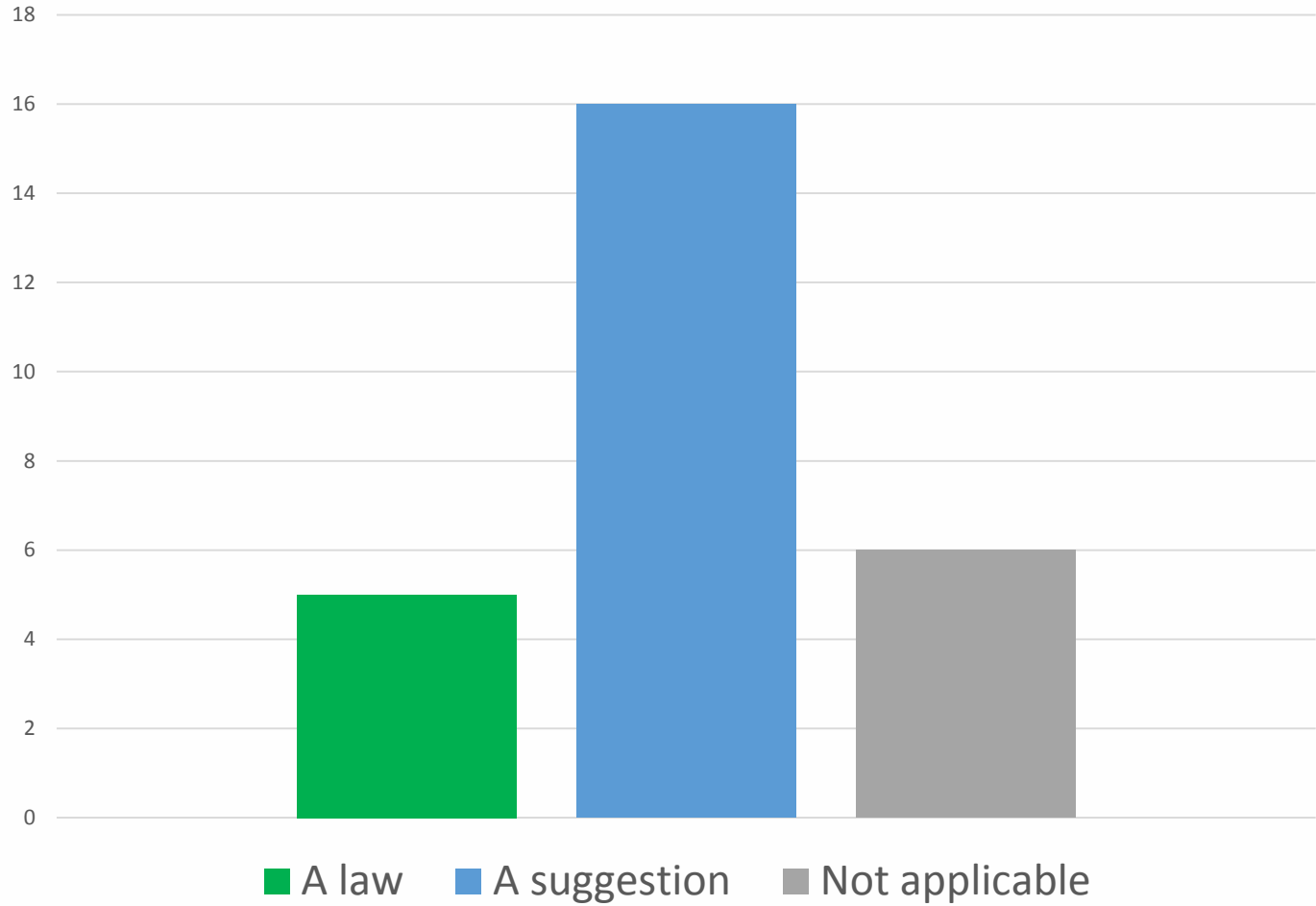


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KIDS  
SAVE  
LIVES

# The education in CPR is:



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If not, do you know whether a legislation is under development in your country?  
How do you support such a process?

Austrian RC: In the moment it is supported by some politicians and unfortunately by others not.

Czech RC: Already approached Ministry of Education but without success. There will be further steps performed in order to change current legislation and curriculum in order to establish practical training compulsory nationwide.

Dutch RC: Not under development

Finnish RC: Chairman of Finnish RC and President of ERC, Maaret Castren, will be in contact to Ministry of Health and Education to start a process to include CPR in education program.

Luxembourg RC: No. There is a pilot project for teaching CPR to school children that will be evaluated for feasibility of integrating CPR in schools. No legislation planned in this sense.



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If not, do you know whether a legislation is under development in your country?  
How do you support such a process?

Malta RC: There is at present no legislation under development but lobbying is being carried out through members of parliament.

Norwegian RC: No legislation under development. Would support one.

Polish RC: Still ongoing actions from Great Orchestra of Christmas Charity with the support of Polish Resuscitation Council.

Romanian RC: Some initiatives inside of NRC, National Society of Emergency Medicine, National Society of Cardiology

Serbian RC: The process is still under development and in progress

Slovenian RC: Currently we still did not started to prepare the national legislation.



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If not, do you know whether a legislation is under development in your country?  
How do you support such a process?

Swiss RC: No legislation under development but the Swiss Resuscitation Country works on it. The first step is SwissReca, the Swiss registry of cardiac arrest under construction.

Turkish RC: The NRC has began communication with the Health Ministry about this topic, but nowadays our country has other problems (unfortunately)



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Do you have any contacts to your leading politicians to convince them ?  
If yes, can you describe them ?

Austrian RC: Yes, we have, but convincing is not easy, as other organisations support First Aid courses in the schools (focus to help other children) , but not specific CPR (focus to learn CPR as a live long competence).



Cyprus RC: Some contacts with the ministry of health and with members of the House of Parliament. Positive response but no action taken.



Dutch RC: Contacts with Ministry of Education through the Dutch Heart Foundation and the Red Cross. Both founding fathers of the Dutch Resuscitation Council.



Italian RC: Culture Commission Chamber of Deputies.



Do you have any contacts to your leading politicians to convince them ?  
If yes, can you describe them ?

Luxembourg RC: Ministry of education has accepted a pilot project in 4 schools. Evaluation will be done after the test period whether to adopt this teaching in all schools.

Malta RC: Yes there is direct contact and communication with the minister of health and also the minister of education.

Polish RC: These contacts are still ongoing

Romanian RC: Yes.

Serbian RC: Yes, on yearly base Serbia RC have meetings with leading politicians, most of them are actively involved in ERHD and strongly support the initiative.



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Do you have any contacts to your leading politicians to convince them ?  
If yes, can you describe them ?

Swiss RC: Requests to the Department Heads of Education as well as Health were done. Frustration answers without any insight into the problem. The only contact with our ministry of Health, last year didn't give any result.

Turkish RC: Not yet, but we are working on it

RC UK: Active lobbying of politicians of all parties.

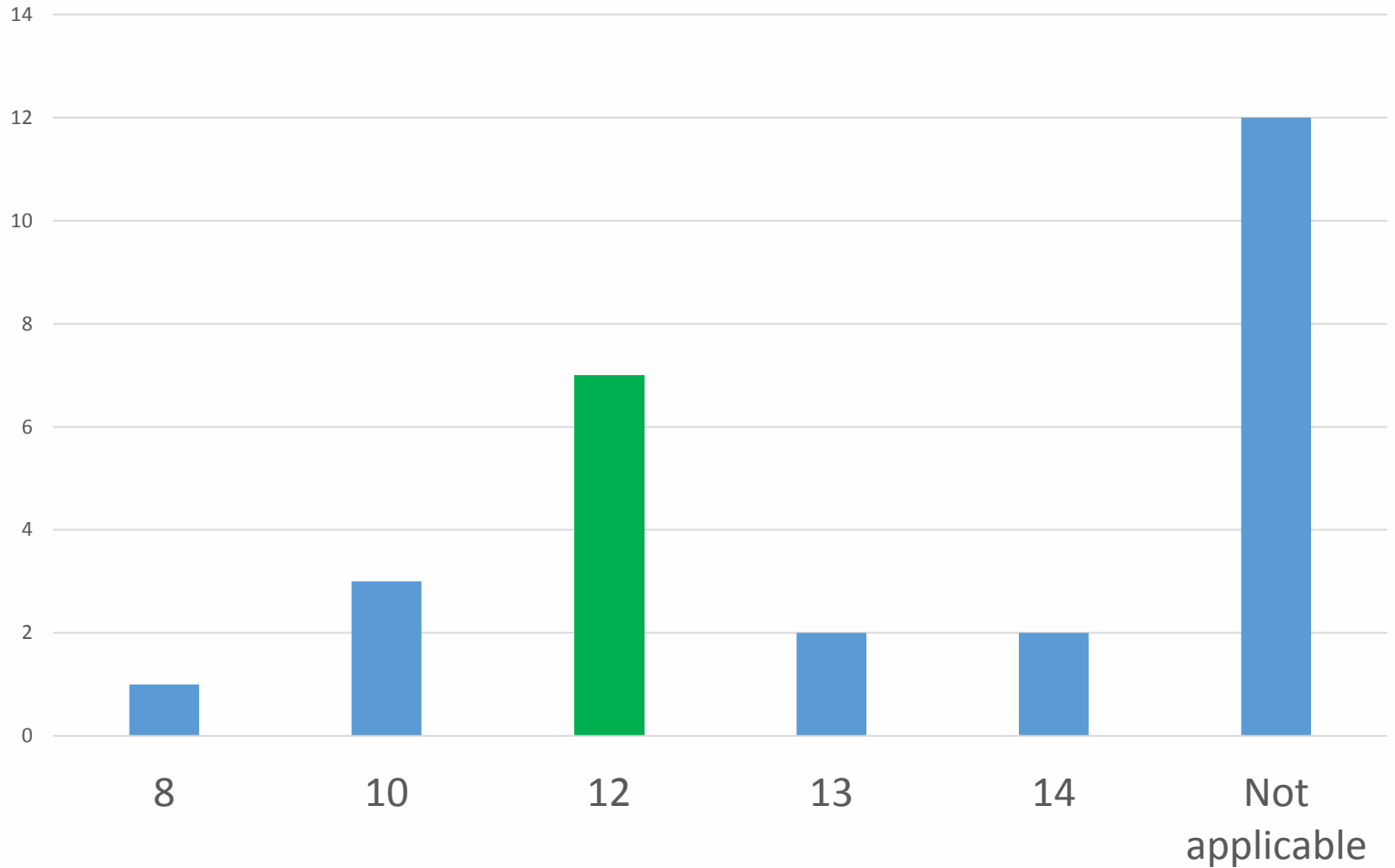


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At which age do you start CPR training in schools (if applicable) ?

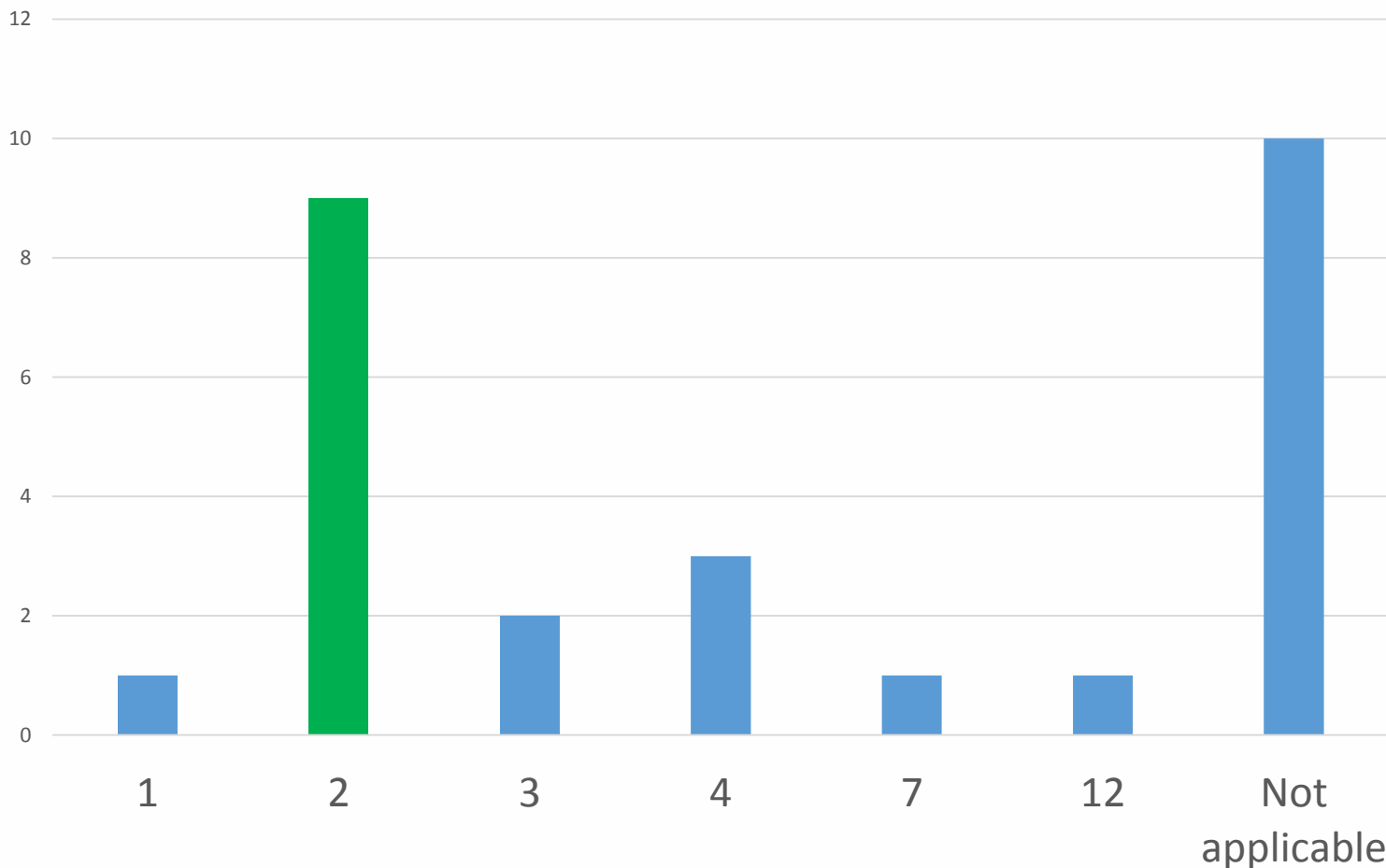


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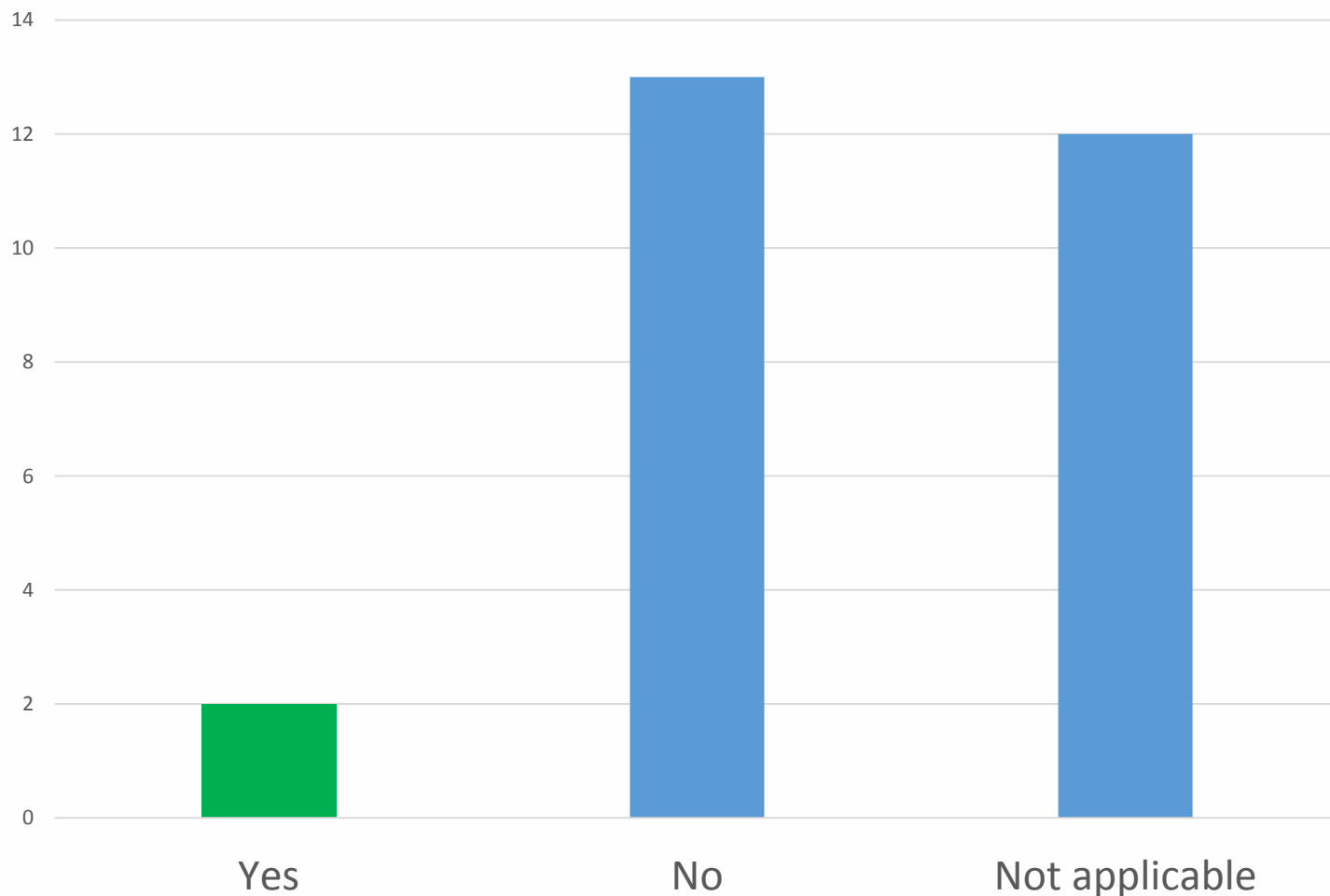
How long is the training per year in hours (if applicable) ?







Is the training every year as long as the children go to school ?



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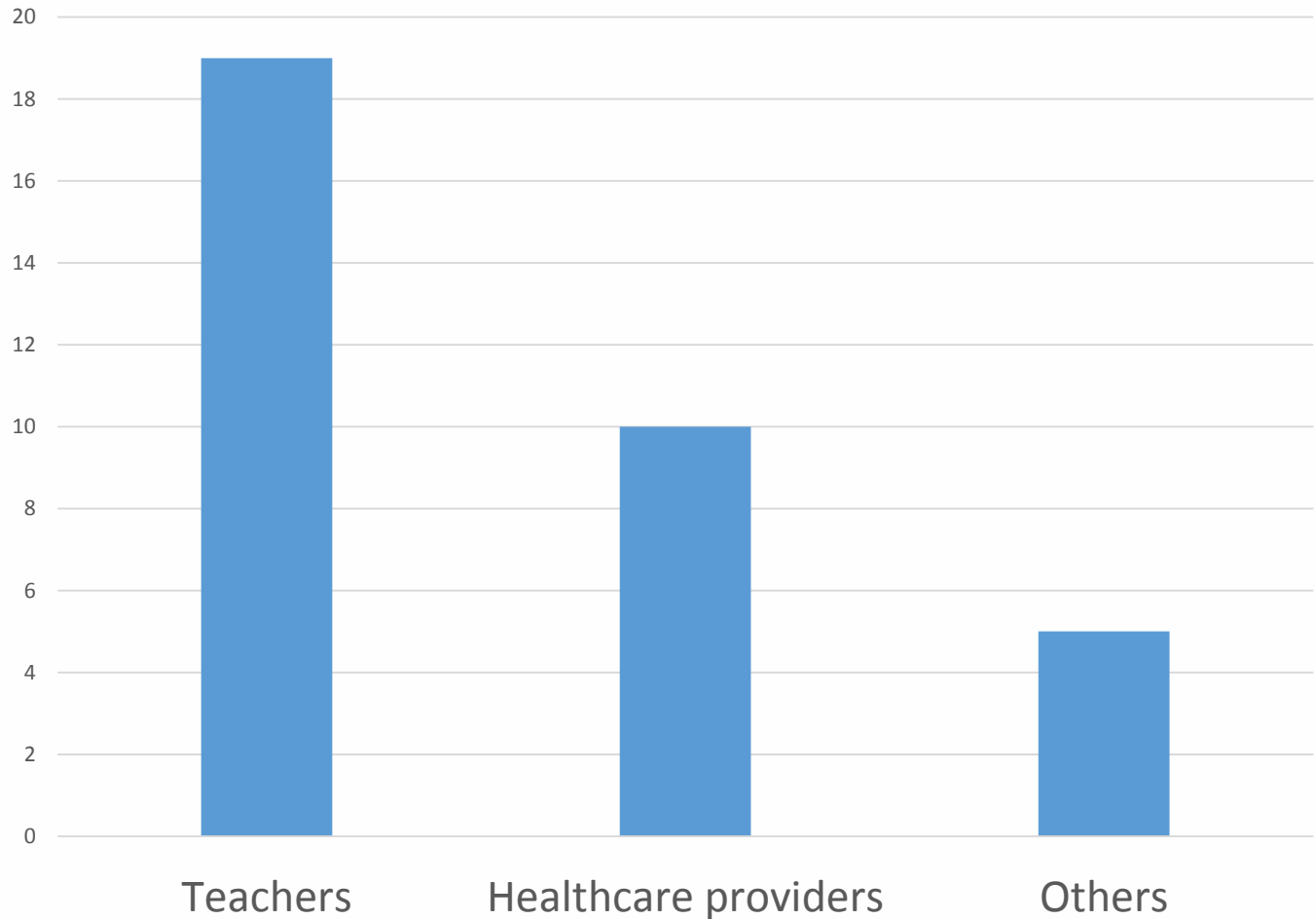




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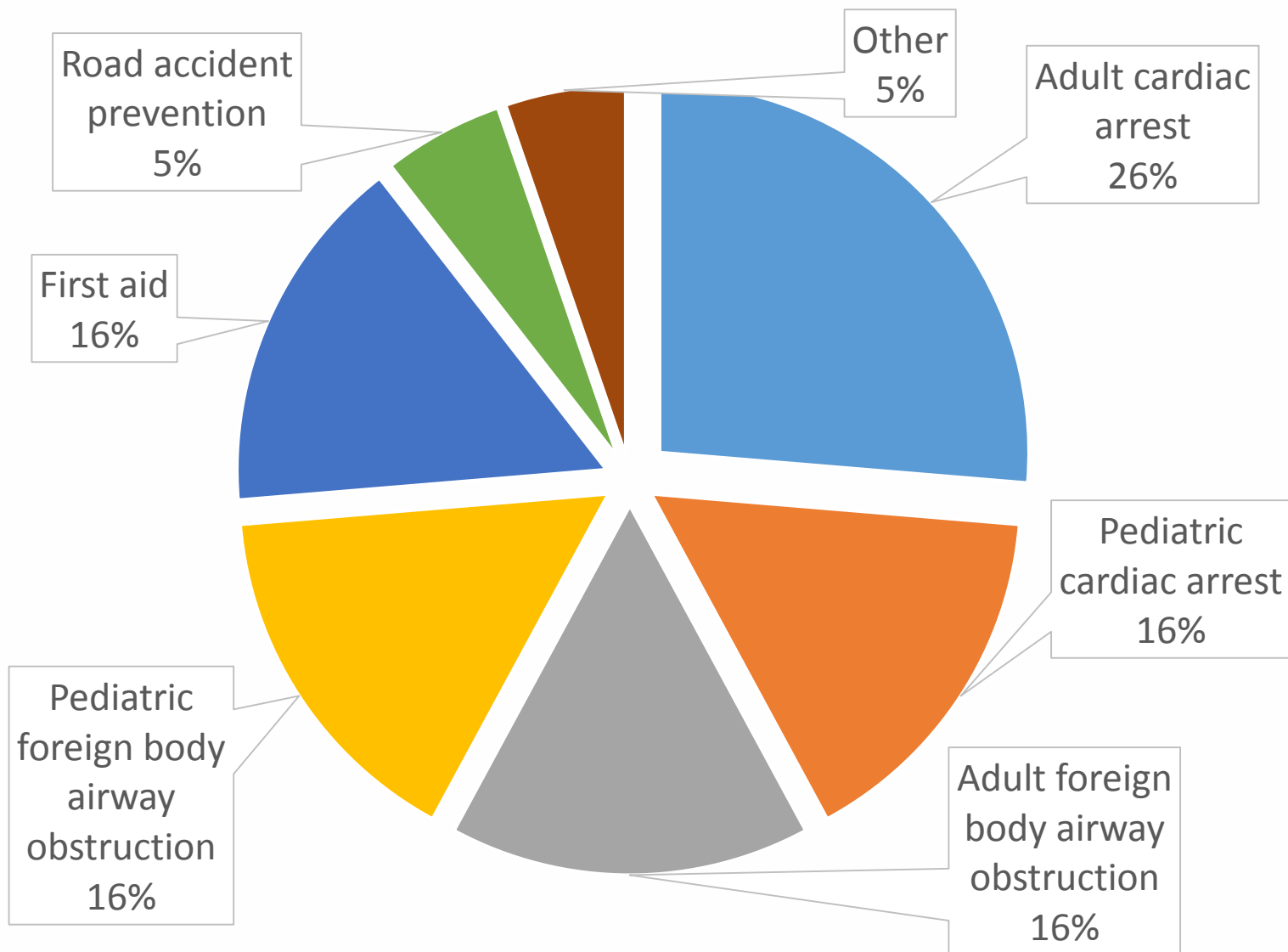


# Who provides the schoolchildren education ?





# If you have a legislation, what are the main topics taught in school:

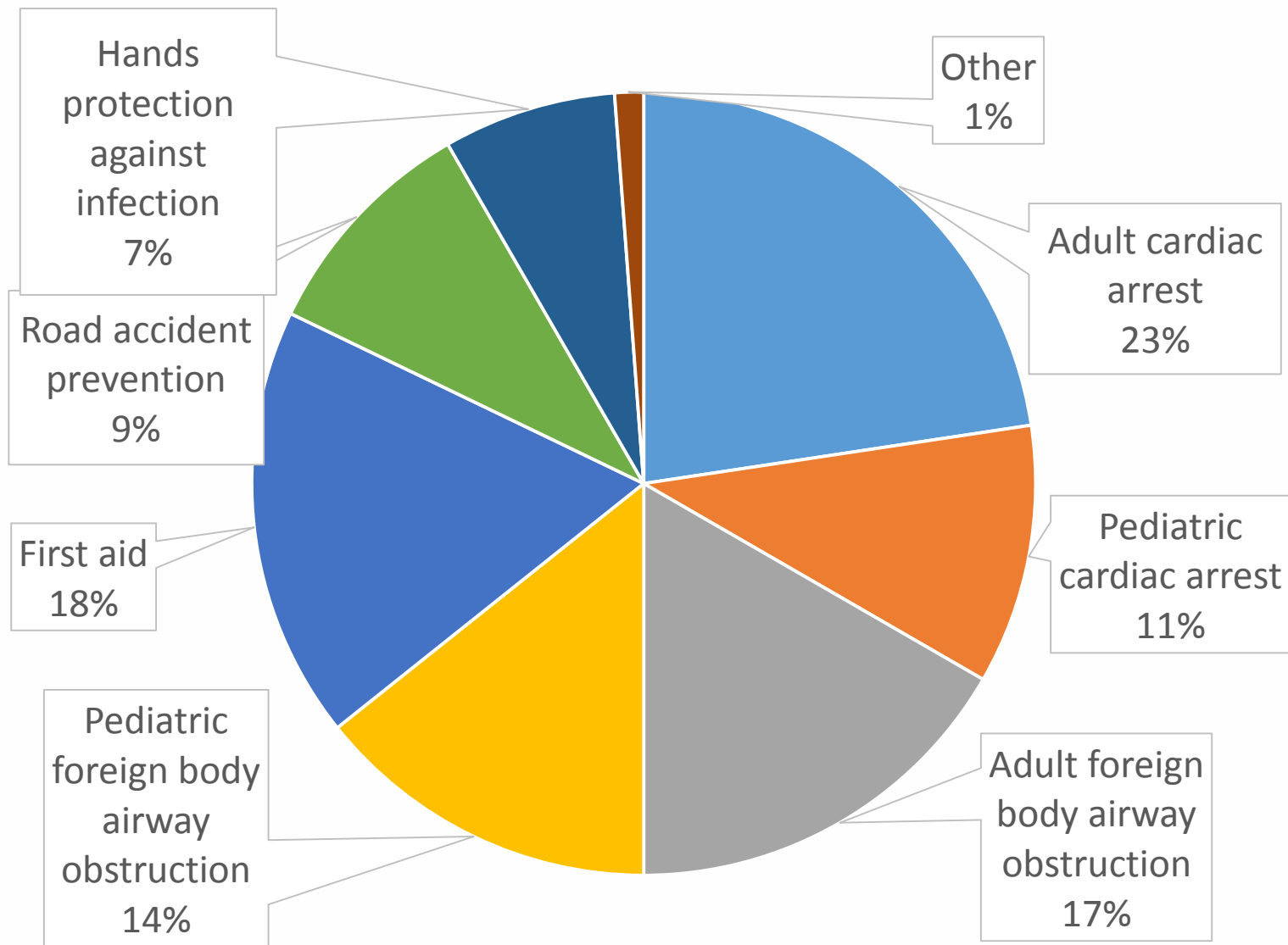


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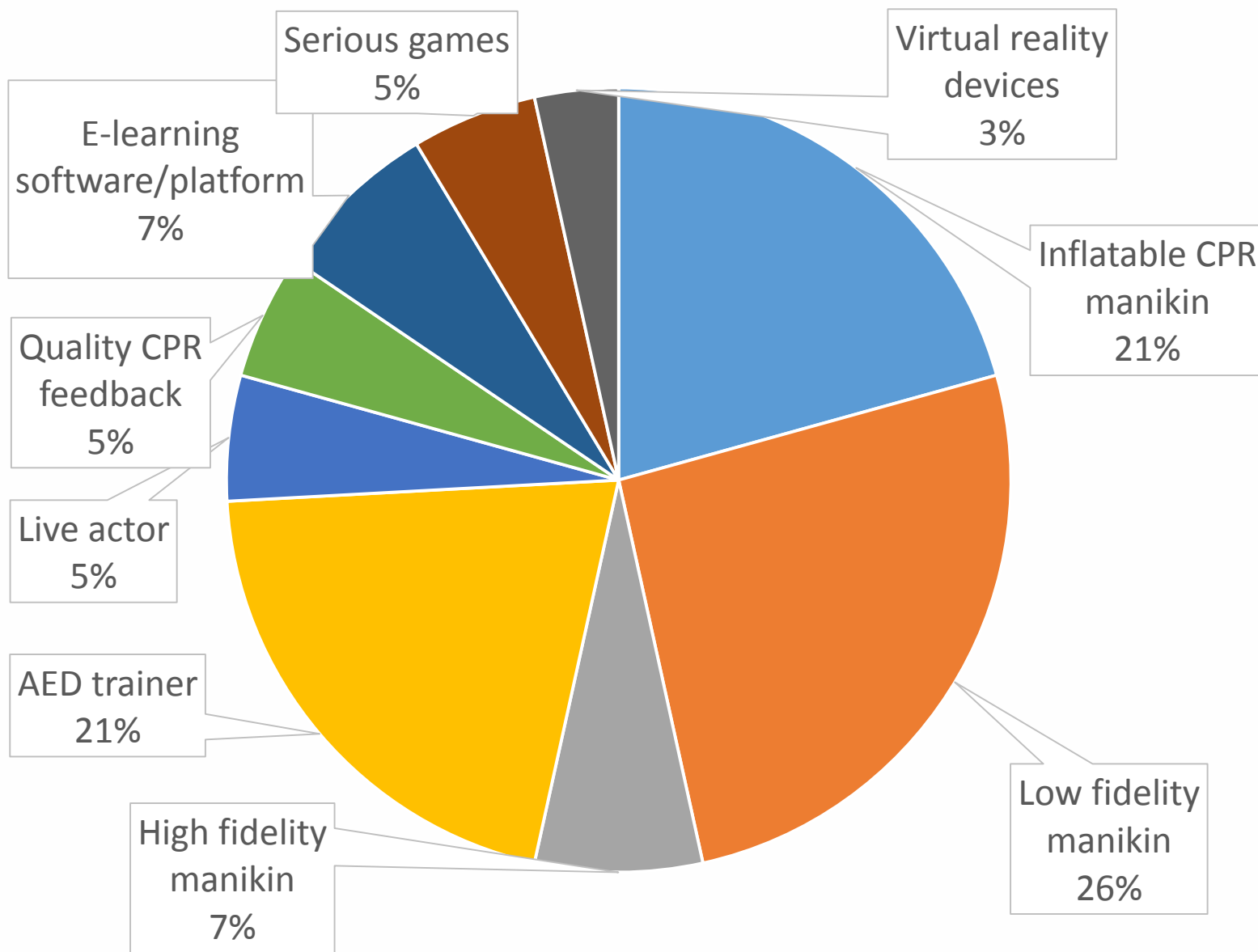
# If you not have a legislation, what are the main topics taught in school:



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# What type of training equipment do you use ?

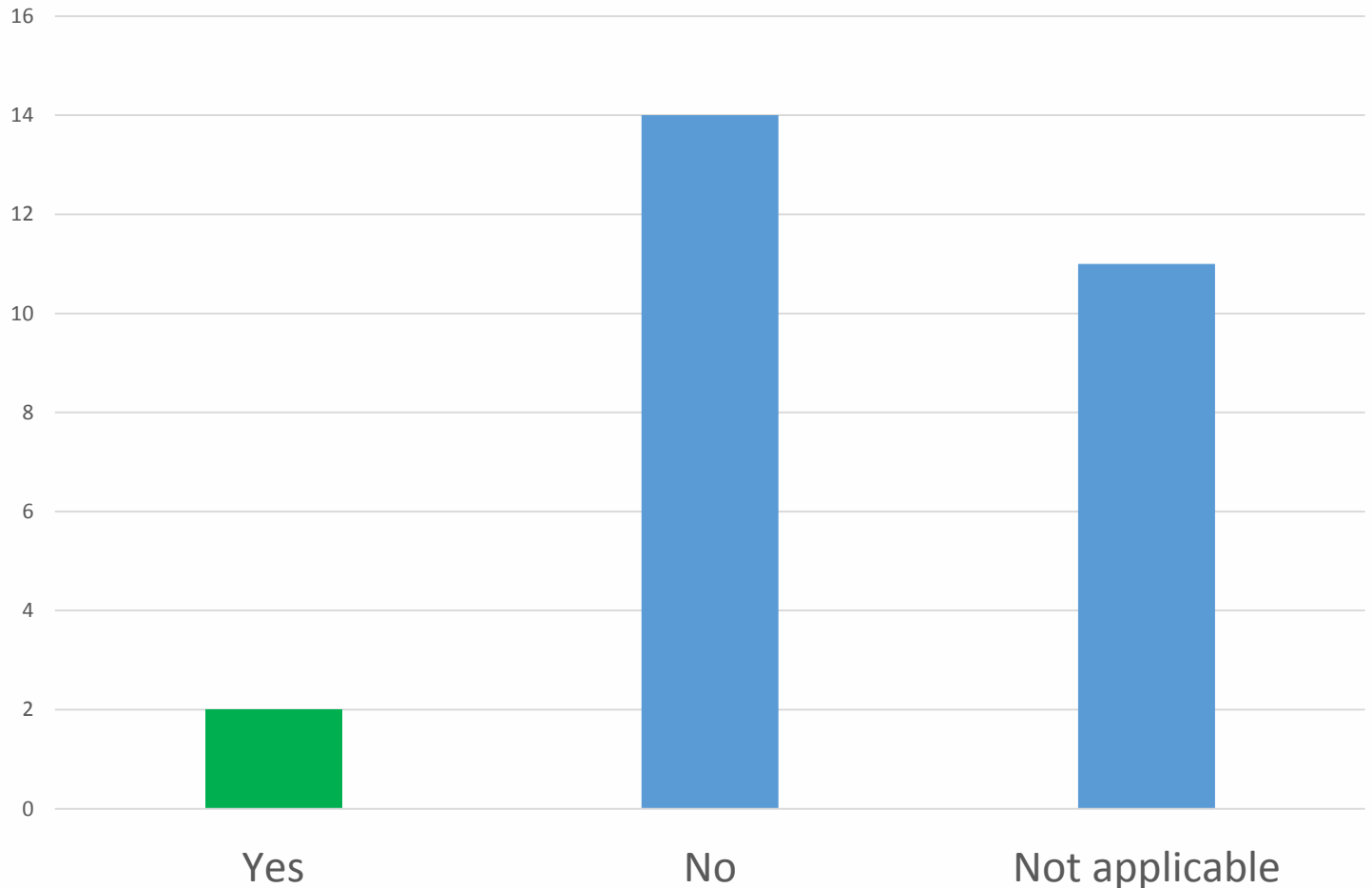


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Do you give your schoolchildren a homework (example: please train another 10 people within the next two weeks - and provide a list to your teacher about this training in two weeks from now) ?

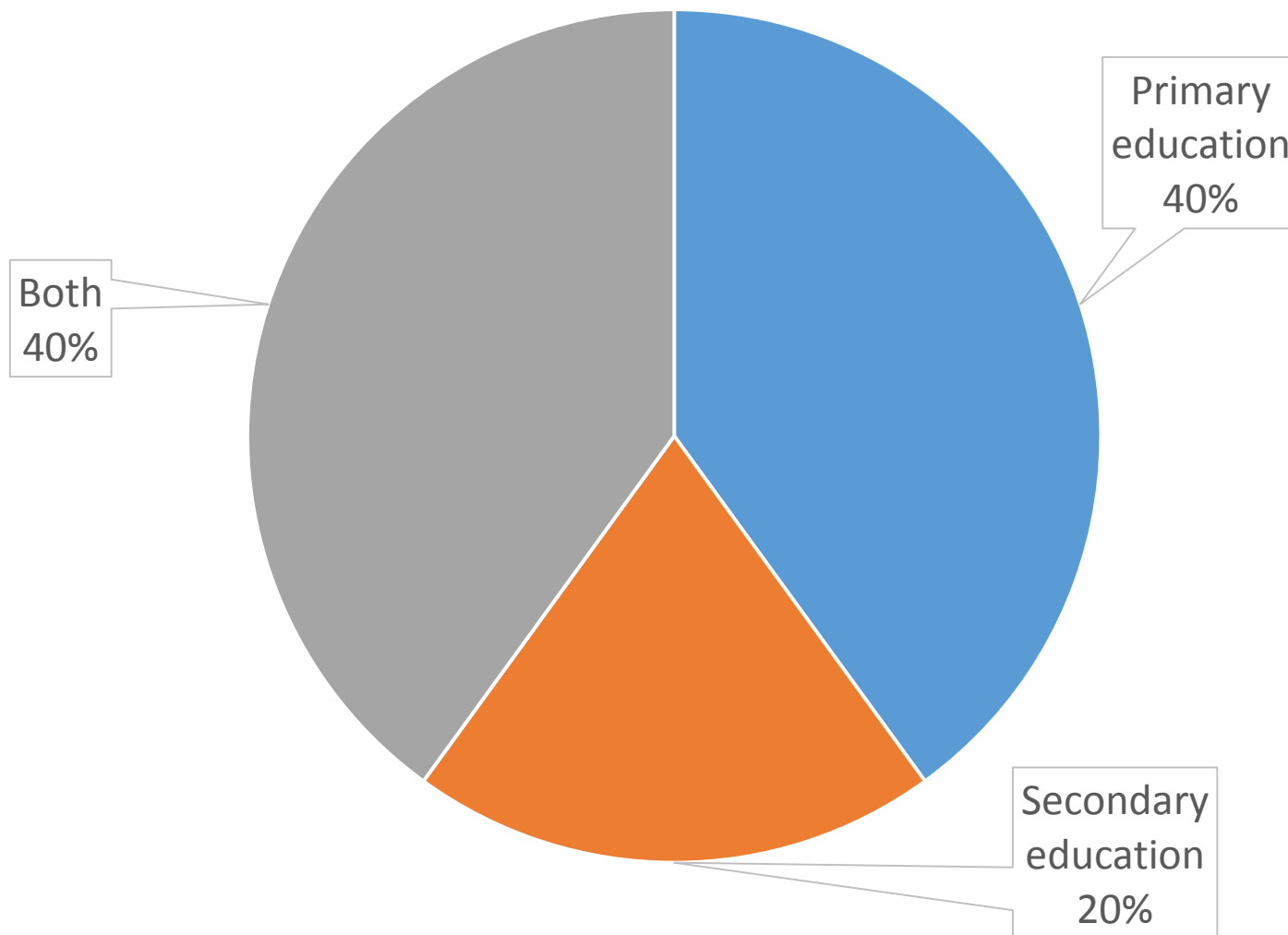


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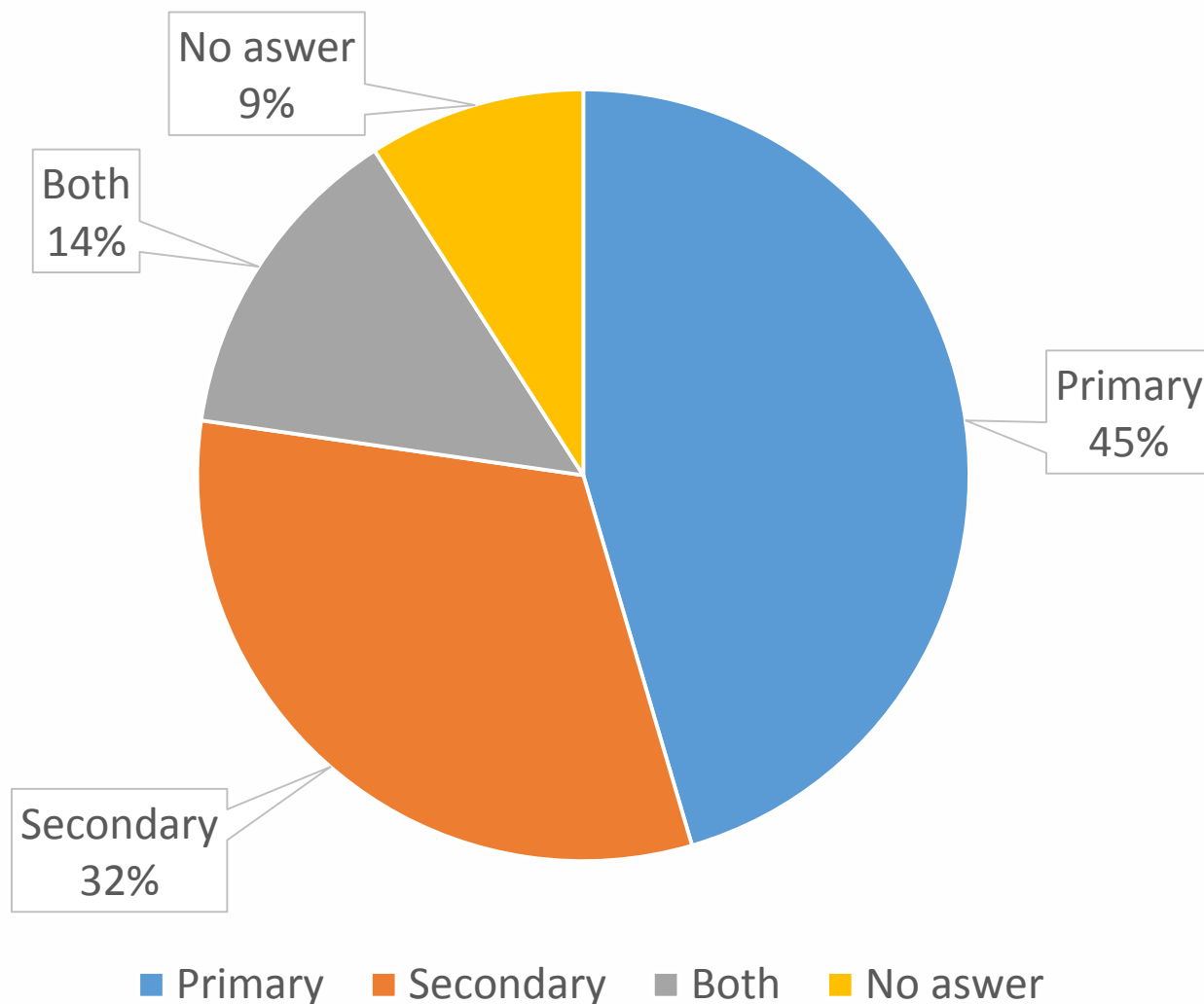
If you have a legislation, which kind of level of education is applied:



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If you do not have a legislation, at which level of education would you start teaching ?







# How is your quality control ?

Belgium RC: Evaluation forms for teachers

Denmark RC: <http://bmjopen.bmj.com/content/6/4/e010481.full>

Dutch RC: Most organization work with certified instructors and programs are tuned with Dutch RC.

France RC: Just quantitative data.

Luxembourg RC: Feedback questionnaires. The whole pilot project will be evaluated by the government.

Polish RC: Not yet introduced.

Serbian RC: Quality control should be provided by Serbian RC during permanent collaboration with trained personnel.

Swiss RC: Children take the written and practical exam of the Swiss Resuscitation Council (=European Resuscitation Council)

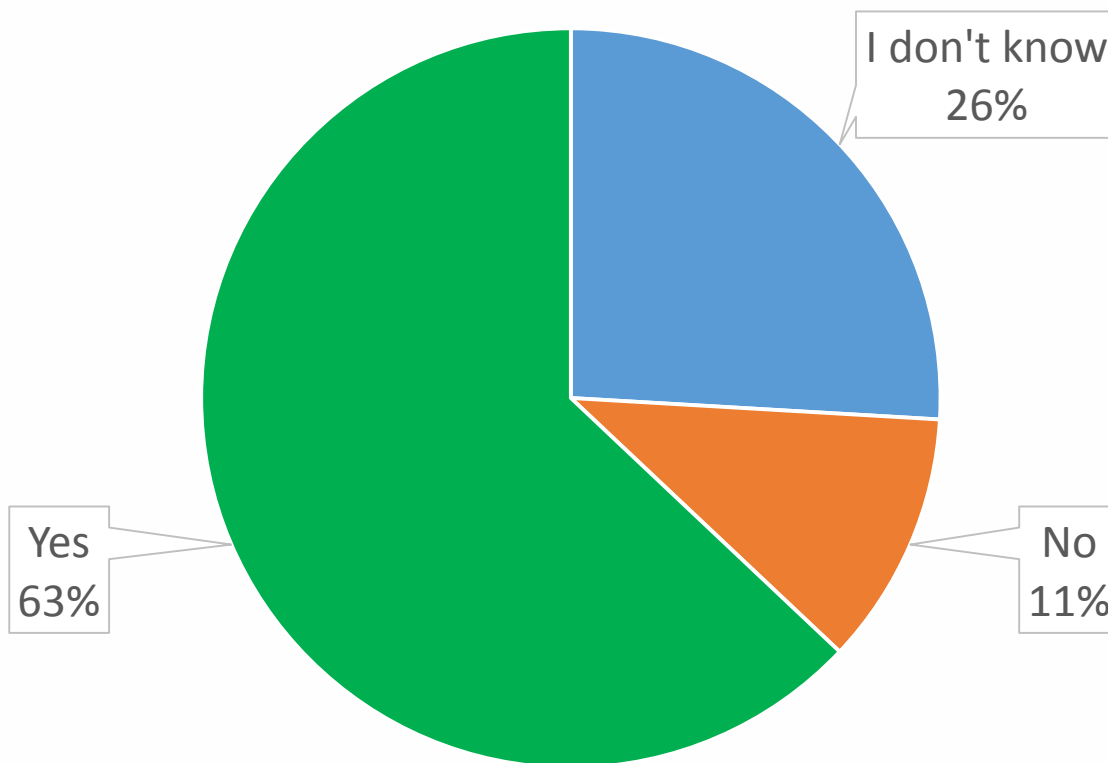


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Are you going to take part in the European Restart a Heart Day with the Kids Save Lives topic this year?

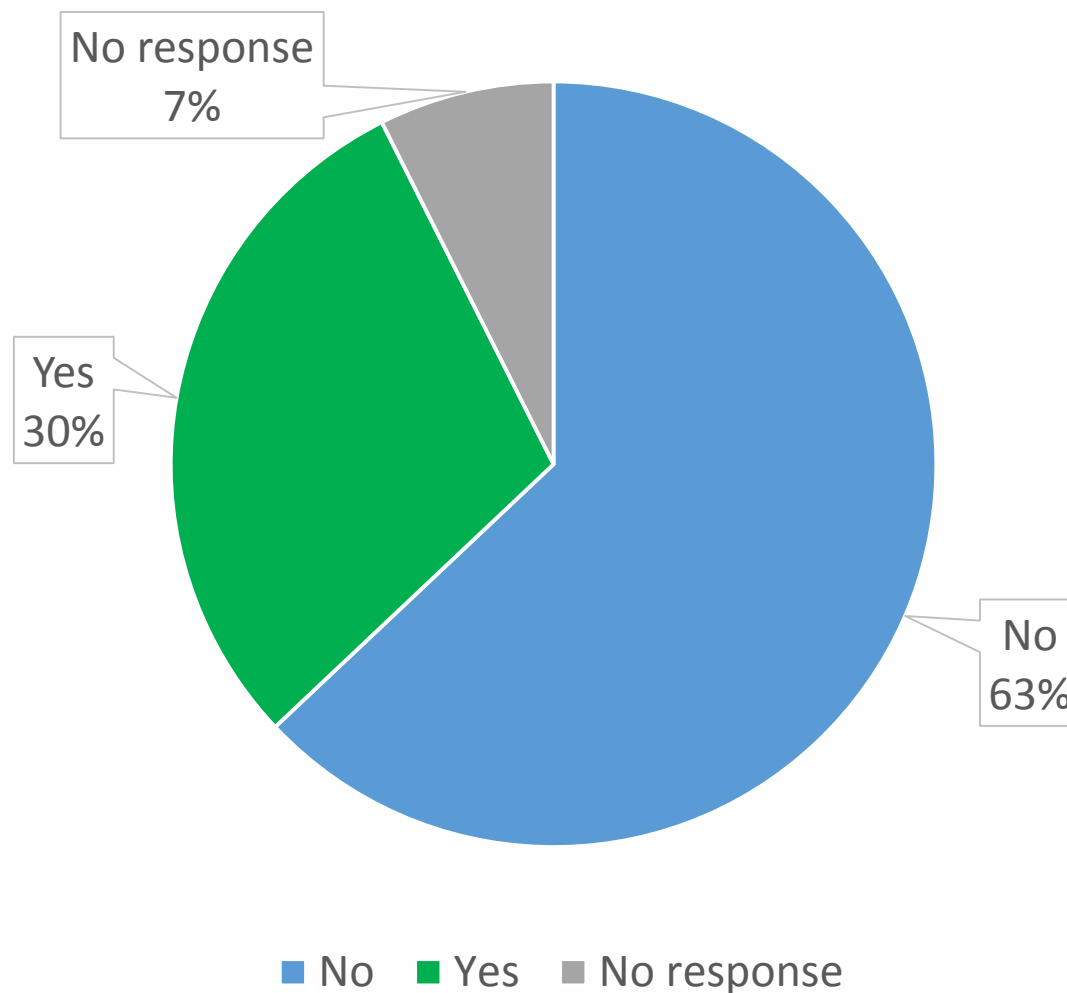


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Is the ERC link to the Kids Save Lives Statement presented on your website ?



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# What exactly do you plan in your country in 2016 ?

Austrian RC: In Hospital Training and Actions by the ILS Group and the Hospitals where ILS is included. Besides a press conference to Focus on T-CPR, Schoolchildren CPR education and use of AEDs in the community

Belgian RC: To reach more and more children, to make them aware and to teach them what they can/should do in case someone experiences cardiac arrest.

Cyprus RC: Training children at school and in public places.

Czech RC: Participation in world record, children CPR training in shopping malls, TV interview, press conference.

Dutch RC: Founding fathers of the Dutch RC (Red Cross, Dutch Heart Foundation) have already there own national campaigns.

French RC: Short training for the lay public in local places.

Iceland RC: Increase awareness, activities around the Congress 2016 something more to be discussed.



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# What exactly do you plan in your country in 2016 ?

Italian RC: Viva! Campaign 2016 and Kids save lives Mass training Milan with 5000 students.

Luxembourg RC: Continue teaching of CPR/AED use to the general population, sensibilisation campaign in a supermarket on 28<sup>th</sup>-29<sup>th</sup> October, Flash Mob with students during this event in the supermarket. REAGIS (one hour CPR hands only course) at 4 secondary schools. REAGIS for public.

Malta RC: CPR training in various schools.

Polish RC: Like every year Polish Resuscitation Council with the Great Orchestra of Christmas Charity by Jurek Owsiak.

Romanian RC: TV CPR presentation, BLS+AED training in schools and universities.



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# What exactly do you plan in your country in 2016 ?

Serbian RC: To involve as much as possible primary and secondary schools, including kindergartens by the use of relevant introducing topics and materials appropriate for their age.

Slovenian RC: Public awareness campaign through mass media as we did it last year. Teach the primary school teachers course on CPR. Public campaign in primary schools.

Sweden RC: Sweden NRC has a broad plan to facilitate CPR education in several schools in an ongoing Project called "Alla kan" (everyone can).

Swiss RC: The Swiss Resuscitation Council did not decide so far on the participation, last year no participation.

Turkish RC: To make educational activities in schools in several cities at the same time. Therefore we have responsible persons in different parts of our country (most of them are ERC instructors).

UK RC: Widespread training on Tuesday 18th October.



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## Do you have local initiatives ?

Belgian RC: Many local initiatives but not very known. One local organisation, which perform CC only to approximately 10.000 children each year.

Czech RC: Red Cross, Municipal police, private companies, non-profit org. etc. (not nationwide).

Dutch RC: A few.

French RC: Yes, done essentially by the French Red Cross branches.

Italian RC: Yes. Viva! Campaign 2016 and several initiatives Kids save lives.

Luxembourg RC: Training of the general population through our national CPR/ AED campaign "réagis" (react!).



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## Do you have local initiatives ?

Polish RC: Yes.

Portuguese RC: NRC has several initiatives to teach the teachers how to teach CPR.

Romanian RC: Yes, in Bucarest and Lasi.

Serbian RC: Local initiatives are present and in permanent progress.

Slovenian RC: Yes, local AED initiatives.

Sweden RC: Yes.

Swiss RC: The local university CPR centre will have an action day inviting school kids to the CPR centre. In the Ticino County: 3000 scholars trained per year.

Turkish RC: We have a group of ERC instructors, who are responsible for organisations in different regions of our country. They will organise activities.



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# What are your concrete plans for the next year to (further) implement Kids Save Lives in your country ?

Austrian RC: We just founded an ARC working group on schoolchildren CPR education to bring the different initiatives together and to offer an ARC Roof for them.

Belgian RC: To continue with our project MINIPOP (= teach teachers to teach their students how to do CPR), learn more and more children from the age of 10 to do cardiac compression and if possible also with ventilation ([www.minipop.be](http://www.minipop.be)). Locally, increase the pyramids of formation in schools and switch from cardiac compression only to the classical BLS with ventilation.

Czech RC: Organize face-to-face meeting with representative of CzeRC, Ministries of Health and Education. Promote ERHD and Kids Save Lives initiative and statement via media.

Dutch RC: More medical students of different university's are starting with the program of training kids in CPR. Spreading out over the country.



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# What are your concrete plans for the next year to (further) implement Kids Save Lives in your country ?

Polish RC: Go further with this idea

Portuguese RC: NRC has several initiatives to teach the teachers how to teach CPR.

Romanian RC: to propose a project for a law to introduce CPR in schools.

Serbian RC: To involve as much as possible primary and secondary schools, including kindergartens by the use of relevant introducing topics and materials appropriate for their age. Governmental structures to be involved and actively participate in process to gain continuity and as final result to succeed with legislation acts.

Slovenian RC: We will set up education course for health care provides who currently teach CPR in primary schools.



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# What are your concrete plans for the next year to (further) implement Kids Save Lives in your country ?

Swiss RC: Again try to get the SwRC to discuss that with the school minister and the health minister. Locally get individual school projects started.

Turkish RC: To have more appointment with politicians and leading persons in health ministry and education ministry

UK RC: Continued lobbying of parliament.



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Which kind of support would you prefer to receive for further development of the Kids Save lives campaign 2016 in your country from the ERC ?

Austrian RC: Initiatives from ERC to the national EU health care delegates - not only bottom - up but also top-down initiatives for those countries who are not involved up to now.

Belgian RC: Promotion to make our initiative project Minipop more known (e.g. to mention our website). Funds to support our activities ([www.minipop.be](http://www.minipop.be)). I will ask to my colleague to contact you to make the link with the site and further for some other actions.

Cyprus RC: Official political pressure.

Czech RC: Teaching materials for children (translated), interactive online presentation or e-learning SW, educational manuals specific for teachers, ERHD posters, official ERC TV spot (!!!)

Denmark RC: Timely information and material for translation and distribution.



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Which kind of support would you prefer to receive for further development of the Kids Save lives campaign 2016 in your country from the ERC ?

Dutch RC: A course program and course regulations more tuned on this specific target audience so we can give them an Dutch RC, ERC certificate.

French RC: Electronic tools, bibliography and research development.

Iceland RC: As it is now - posters, website, slides.

Italian RC: Kids save lives network all over the Europe

Luxembourg RC: Send a letter to the Ministry of Health and the ministry of education to highlight the importance of CPR/AED teaching in schoolchildren to support and boost our pilot project, financial support of the EU to run an European program implementation of legislation in to our country. Develop program adapted to children age (pre-scholar age, scholar age, primary school, secondary school etc.. )

Polish RC: Didactic tools and approved methods of teaching children.



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Which kind of support would you prefer to receive for further development of the Kids Save lives campaign 2016 in your country from the ERC ?

Portuguese RC: All available support is welcome.

Romanian RC: A letter from ERC for Ministry of Education, a presentation from a board member in one of our scientific meeting.

Serbian RC: Materials to promote the idea - translated and English versions, live stream possibility on the ERHD day.

Slovenian RC: More details and support in organisational matters.

Swiss RC: Standardized teaching Material for the teachers and the kids.

Turkish RC: We need mannequins and other educational material.



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# We are very thankful to all participants

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Thank you



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GERMAN RESUSCITATION COUNCIL  
DEUTSCHER RAT FÜR WIEDERBELEBUNG